

CatWorldly Cat Enrichment Planner CatWorldly

Use small, predictable changes. Enrichment should make life safer and richer, not overwhelm the cat.

This week

Climbing/perching:

Scratching:

Food puzzle or slow feeder:

Interactive play:

Solo play:

Scent or safe novelty:

Quiet retreat:

Window watching:

Daily notes

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:

Sunday:

What worked:

What caused stress:

What to repeat:

What to remove:

Safety reminders

- Avoid strings, yarn or ribbons without supervision.
- Retire broken toys.
- Keep windows and balconies secure.
- Let the cat choose breaks.

Generated from CatWorldly printable tools. This PDF is a planning aid, not veterinary advice.